

STREET SAFE

AL-2-2010-98

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This activity book belongs to:

To Parents/Guardians:

This is the fourth in a series of educational activity books developed by the Alberta Office of Traffic Safety. Each book covers traffic safety topics appropriate to the grade level for which it is intended. This book has been developed specifically for Grade Three students and covers three main concepts:

1. School Bus Safety
2. Pedestrian Safety
3. Personal Safety.

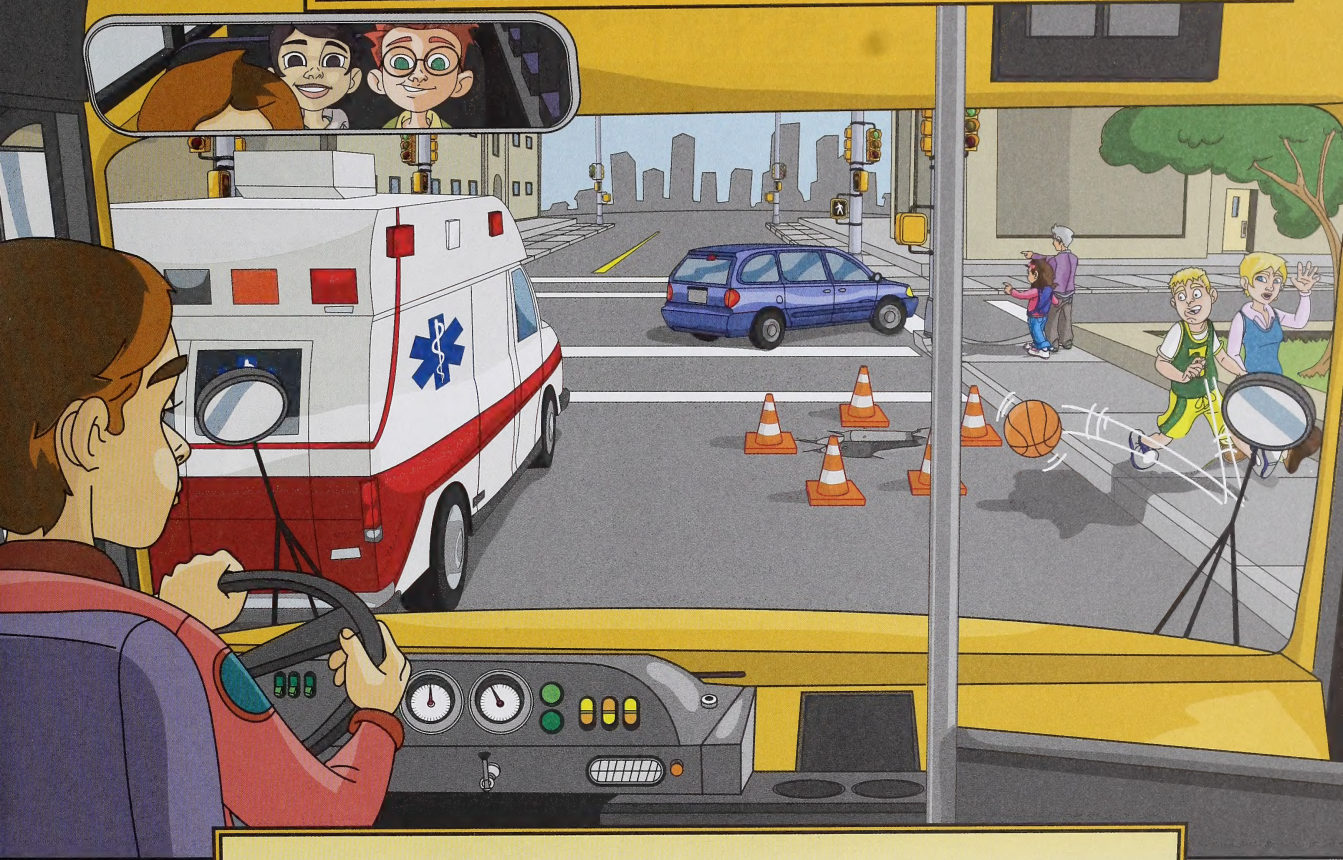
Please read and review this activity book with your child. Safety research indicates that children under nine have not yet undergone the mental development that allows them to judge speed and distance, and so they should always be accompanied by an adult when crossing the street or participating in activities such as bicycling, rollerblading, or riding scooters or skateboards. Children should never use rollerblades, scooters or skateboards on the road. It is recommended that they participate in these activities in controlled environments (i.e., skateboard parks) and wear appropriate safety equipment (i.e., helmets, elbow pads, kneepads and wrist guards) to protect them from serious injuries.

Thank you for your cooperation and help in keeping our children safe.

Why is it important to act safely when riding on a bus? Put a check mark ✓ beside all the safe things you see the students doing on the bus. Put a "x" beside all the unsafe things you see students doing.



What things must the bus driver look out for while she is driving?



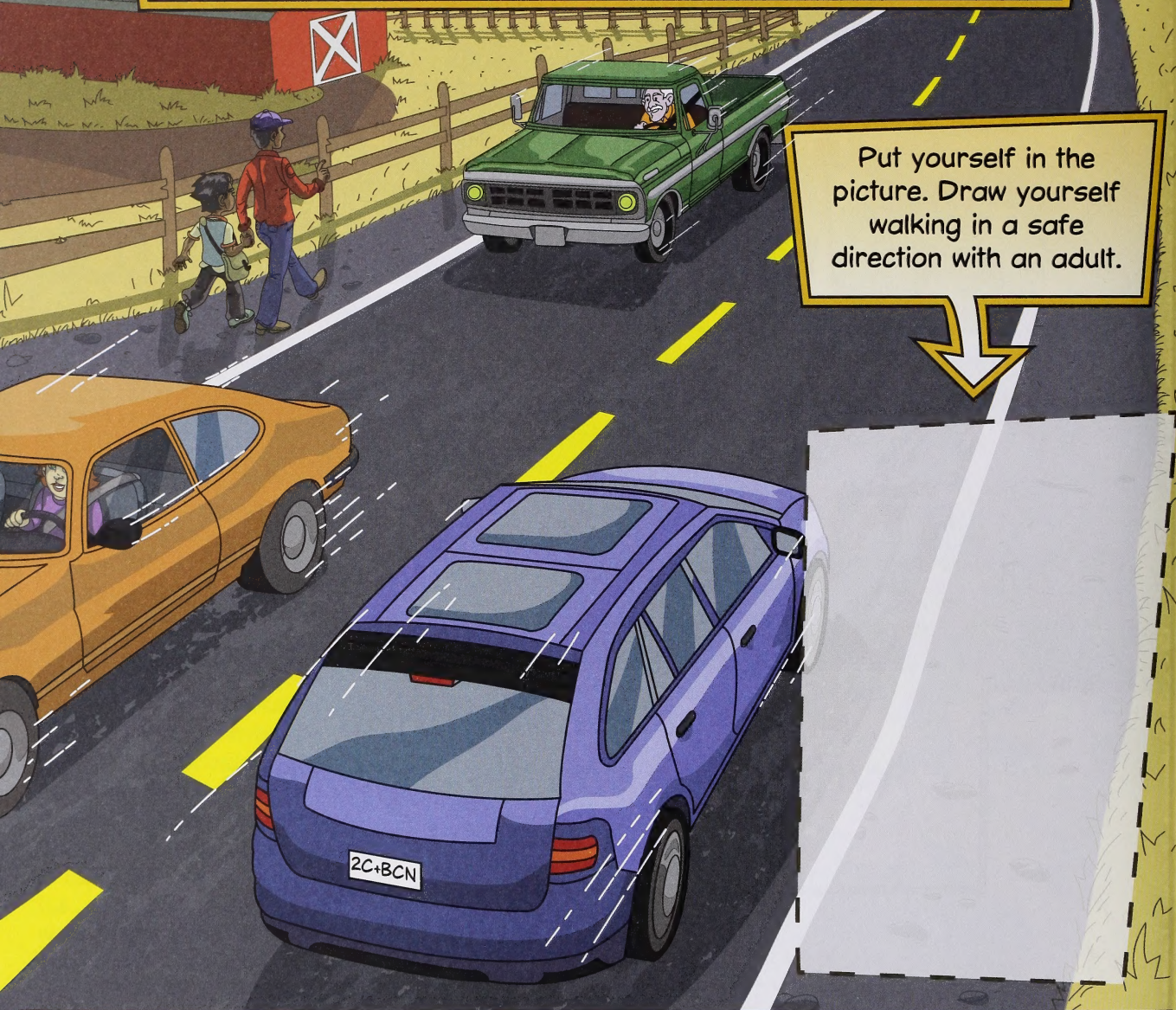
You be the bus driver!
Write three safety suggestions
for your bus.

1. _____
2. _____
3. _____

How can you be safe when walking beside a road without sidewalks?

- Walk at the side of the road and avoid walking in ditches.
- Face the traffic coming towards you.

Put yourself in the picture. Draw yourself walking in a safe direction with an adult.



The blue car carries a secret message. It gives two reasons why Wyatt and his dad are walking facing towards on-coming traffic. What are the reasons?

_____ and _____

Why is it important to not walk or play on snow piles that are beside roads?



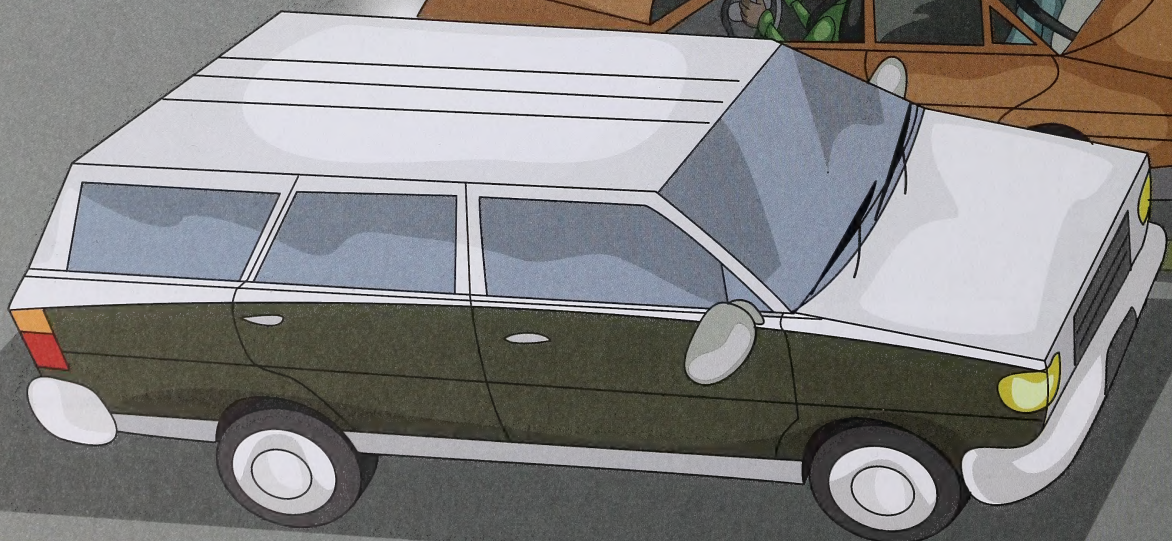
Playing in snow can be fun, but not when you are beside roads! List the dangers of playing on snow piles next to roads.


How can you predict a vehicle is about to move?

Look out!
Spot the vehicles about to move.

Find the vehicle:

- Being loaded
- Extending beyond the parking spot
- Showing exhaust
- With a person in the driver's seat
- Showing white backup lights
- With people getting in





What are two things you could hear that let you know vehicles are about to move?

1. _____

2. _____

What safety gear must you wear when using a scooter, skateboard or rollerblades?

Beside each piece of equipment is a letter. Write the correct letter to match the riddle.



I protect your brain from injury. I am a



If I am tied up I won't catch in your wheels. I am your



I also need to be tucked in so I don't get in the way. I am your




We protect your arms and hands if you happen to fall. We are



If you wear me you won't need to buy so many bandages for your knees! I am your





A great message makes a great poster. Make a poster for convincing others why it is important to always wear proper safety gear when using a scooter, skateboard or rollerblades.

Where are safe places to skate or ride?



SAFETY SEARCH (find the following)


- _____ 3 kids riding on the right hand side
- _____ 4 kids using bike paths
- _____ 10 kids using helmets
- _____ 9 sets of knee pads
- _____ Somebody yielding to pedestrians




Riding Right

Riding up and sliding down,
Riding, riding round the town.
Riding wearing all the gear,
Riding when the path is clear.

Riding, riding in the park,
Riding home before it's dark.
Riding fast or riding slow,
Riding safely where you go!



How can you be safe
when riding?



Use all the words in the word
bank on page 13 to fill in the
missing words in the sentences.

1. Stay off the _____.
2. Be _____ and wear _____ and _____.
3. Keep away from _____.
4. Stay to the right on _____ and _____.
5. A safe place to ride is a _____ or skateboard _____.
6. Never ride your _____ on _____.
7. Look out for rocks, _____ and other _____.
8. Avoid _____ by staying away from _____.

What do you need to think about when you are riding?

SAFETY WORD SEARCH

- Find all 15 words listed in the word bank.
- Words can be vertical, horizontal, diagonal and backwards.
- Circle the entire word when you find it.
- Colour all hazard words in **red**.

H	H	E	L	M	E	T	S	R	A	E	G
A	S	D	R	A	O	B	E	T	A	K	S
N	S	H	T	A	P	S	P	A	R	K	T
D	S	A	F	E	E	K	N	I	R	R	W
R	H	S	H	T	P	L	Z	X	A	Q	R
A	M	C	A	Z	T	H	D	I	H	R	E
I	P	K	O	I	U	R	L	A	Y	T	G
L	S	S	F	G	H	S	A	W	O	N	N
S	S	T	A	I	R	S	N	F	M	R	A
D	E	B	R	I	S	B	S	D	F	V	D
W	I	N	L	I	N	E	T	R	W	I	M
S	B	S	S	D	R	A	Z	A	H	S	C



Word Bank

helmets
paths
trails

gear
safe
rink

park
hazards
danger

skateboards
stairs
traffic

road
handrails
debris

THE SAFETY STREET!

Read the rules on the back cover!

1

What shades of clothing should you wear when it is dark outside?

START



FINISH

Great!
Now you are
Street Safe!

17

Describe
a stop
sign.

13

Act out
putting on all
the skateboard
safety gear.

14

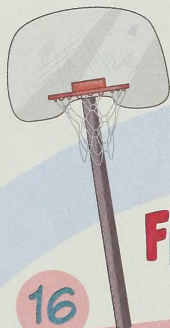
How can
you tell if
a bike helmet
fits properly?
Hint: 2V1

15

Show the
three hand
signals for
riding a
bike.

16

FREE PARKING



3 Why is playing around train tracks very dangerous?

5 Why must kids under 13 sit in the back seat of a vehicle?

6 What is the Danger Zone around a bus?

2 What should skateboarders do when going down steps?

4 Why isn't it safe for elementary school kids to ride bikes on roads?

7 Name three things to avoid when using rollerblades.



FREE PARKING

8



11 Give two winter safety tips for pedestrians.

9 On what side of a path should you ride your bike?

10 To cross roads, Point, P_____ and P_____ when it is safe!

FREE PARKING

12



THE SAFETY STREET!

Rules

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1

Can be played by two to four players.

2

Needed: A playing token for each player (e.g., a coin, eraser or button) and a die.

3

The goal is to be the first to the finish line.

4

To play: Put your token on Start, roll the die and move that number of spaces across the board.

5


When you land on a space read and answer the question. If you aren't sure of the answer do two things: First read aloud the answer on the back cover. Next, move your token back four spaces.

6


HAVE FUN!

Answers


1. Bright or reflective colours.
2. Carry their boards and walk down.
3. Trains can't stop quickly.
4. Elementary kids can't judge vehicle speeds.
5. To prevent injury from front airbags.
6. The area around a bus where the driver can't see kids.
7. Answers include: people, stairs, rocks or sand.
9. The right hand side.
10. Point, Pause then Proceed when it is safe.
11. Don't play or walk on snow piles alongside the road, wear bright coloured clothing when it is dark, remember that cars can't stop quickly.
13. A helmet, elbow pads, wrist guards, knee pads, tucking in pant legs, tying up shoelaces.
14. (2V1) 2 fingers fit between your eyebrows and the helmet, straps form a V-shape around your ears, 1 finger fits under the chin strap.
15.



Left Turn



Right Turn



Stop
17. A stop sign is red, is an octagon and has the word STOP in capital letters.

Last updated March 2010. For more information, contact the Office of Traffic Safety at 780-422-8839 (toll-free within Alberta 310-0000).

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